March 2016

Can we build it? Yes, we can!

This month has been very productive and filled with challenges and excitement. Our DR3AMRS took the challenge of building a new table for our computer lab. With hard work and dedication, they were able to assemble a huge table from scratch. In addition to this project, DR3AMRS also volunteered to assemble office chairs for staff. They once again did an outstanding job!
Healthy Relationships

• In groups, our DR3AMRS are learning to identify abusive traits and how to set boundaries.
• DR3AMRS are also discovering stereotypes in society and how the may lead people to become abusive towards other individuals.
• Through series of hands-on activities, our DR3AMRS are identifying positive characteristics and qualities they consider important when dating.

HIV Prevention

• Our DR3AMRS received very helpful information on HIV and sexual transmitted disease along with information on how to prevent them.
• They worked in groups to brainstorm on how to raise awareness on this matter.
• Their last assignment was to write quotes related to safe sex and abstinence.
Special Acknowledgements...

The Clubhouse would like to thank all of our guest speakers for their dedication and commitment to our DR3AMRS!

In addition, we would like to thank Officer J.P. de Lima, from DeKalb Police Department, for making the time to come in to share his testimony of what it was like to be an immigrant and still reach success through discipline and persistence.

March Birthdays:
The Clubhouse wishes a Happy Birthday to our DR3AMRS!  
Nixon A., Francisco R., & Cesar C.
We are proud to announce that on March 15th, our DR3AMRS participated on a campaign for tobacco-free kids. The campaign was named “Kick Butts Day!”, and was designed by Northside Hospital.

The campaign consisted on having youth groups picking-up cigarette butts.

The DR3AMRS went to surrounding businesses to pick-up cigarette butts. All the pictures that were taken had to be posted on Facebook for people to see. Our youth enjoyed the campaign and worked in unity!

Our DR3AMRS also created two beautiful masterpiece. They used a box full of old pencils and turn them into art.
What Else Is Going On In The Clubhouse?

- **Monthly Parent’s Meeting:**
  
  Our parent’s monthly meeting for parental skills in our Clubhouse on March 24 was a success. Mr. Rosendo and Mrs. Elba taught parents with role play on how to negotiate with youth. Parents were very receptive of how to communicate more effectively with their children.

- **Relapse Prevention Plan**
  
  This month Mr. Rosendo has been talking to our DR3AMRS about conflict resolution, refusal skills, emotion regulation, decision making, and about being pro-active. These topics were taught through role play. Our dreamers are learning alternative ways to solve problems and to deal with their emotions.

- **Extras:**
  
  Our DR3AMRS are setting up a Foosball table that was donated to the Clubhouse.
More Fun!

- Stone Mountain
- Lilburn Park
- Dosser Works Paintball
- Rock City, Tennessee
- Grease the Musical
- Atlanta fair
- Malibu